

Ideas for Random Acts of Kindness

1. Pick up litter in park, neighborhood, playground.
2. Rake leaves for neighbor, grandparent, parent (without being asked).
3. Shovel snow for someone.
4. Make a thank you card for fire station, librarian, nurse, custodian, teacher, babysitter etc.
5. Make a treat for business, office, neighbor.
6. Go Christmas Caroling.
7. Clean out your room and donate gently used clothes and toys.
8. Take treats or cards to a nursing home. Visit with the residents.
9. Give a way a balloon.
10. Make a thank you craft for a veteran.
11. Offer your seat.
12. Cookies to the crossing guard in your area.
13. Bring animal treats to the animal shelter.
14. Share your umbrella.
15. Teach a younger child to tie, jump rope, draw a dog, etc.