

WE CAN MAKE A DIFFERENCE

MISSION STATEMENT: The NCCW acts through its membership to support, empower and educate all Catholic women in spirituality, leadership and service. NCCW programs respond with Gospel values to the needs of the Church and society in the modern world.

PRAYER TO OUR LADY OF

GOOD COUNSEL



God of heavenly wisdom, You have given us Mary, Mother of Jesus, to be our guide and counselor. Grant that we may always seek her motherly help in this life and so enjoy her blessed presence in the life to come. O, Mother of Good Counsel, patroness of the National Council of Catholic Women, intercede for us, that we may be wise, courageous, and loving leaders of the Church. Help us, dear mother, to know the mind of Jesus, your son. May the Holy Spirit fill us with reverence for God's creation, and compassion for all God's children. May our labors of love on earth enhance the reign of God and may God's gifts of faith and living hope prepare us for the fullness of the world to come. Amen.

DIRECTIONS TO ST. JOSEPH'S

From the West, i.e. Reedsburg & LaVale:
Follow Hwy 33 East to Hwy 12 East/Hwy 33 East. Turn left onto Linn Street (Hwy 33 East). Linn Street changes to Eighth Avenue. Follow for 1.5 miles. Turn right onto East Street (3rd Stoplight and Hwy A). Continue on East Street. Parking available across the street from Church on East Street.
School Parking Lot: Turn left on Second Street, Right on Rosaline Street. Parking lot on right side.

"SPIRITUALITY AND

OUR

HEALTH"



What is spirituality? What is the impact an unhealthy spirit can have on one's overall health? How can our breathing impact our spiritual connection? How does God nurture our spirit? How does God provide for us in our busy lives?

Tammy Koenecke, parishioner of Sacred Heart Parish, will share with us how our spirituality impacts our health. Ms. Koenecke is a Spiritual Care Coordinator at the Reedsburg Area Medical Center in Reedsburg. She has devoted herself to provide spiritual assessment and care for patients, staff and others. Ms. Koenecke has a Master of Arts in Servant Leadership and both an Associate Degree and Bachelor's Degree in Nursing.

Making a difference in the lives of others begins with taking care of ourselves. Ms. Koenecke will share with us how to promote wellness by looking deeper into the meaning of our physical and emotional symptoms. This exercise will help us identify wounds in our spirit and address those needs along with other symptoms. Taking care of ourselves takes time and in our quick fix society it is a challenge but it can be accomplished and Tammy will tell us how.

Ms. Koenecke will also share the impact of our Water for Life projects on the lives of the people in South Africa and Tanzania.

**Sauk Deanery
COUNCIL OF
CATHOLIC WOMEN**

Fall Meeting

**Tuesday,
October 11, 2011**

We Can

Make a Difference

**St. Joseph's Parish,
300 Second Street
Baraboo**

Hosted by the
Council of Catholic
Women of
St. Joseph's Parish,
Baraboo,
Sauk Deanery

